

# GLOWING RESULTS

- Group Fitness Classes
- Personal Training
  - Certificate III in Fitness
  - Certificate IV in Fitness
- Massage Therapy
  - Certificate IV in Massage
- Nutritional Counsellor
- AAMT Member
- Fitness Australia Member



VICTORIAN 2010  
PERSONAL TRAINING  
BUSINESS OF THE YEAR



Linda Mancino

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15 classes  
per week  
to choose  
from!

**STOP PRESS**

**Glowing Results wins  
Victorian 2010 Personal Training Business of the Year.  
Australian Fitness Industry Awards, Victoria.**

**Laurimar Boot Camp, Boxing Classes,  
Nutritional Counselling, Massage Therapy.**

**[www.glowingresults.com.au](http://www.glowingresults.com.au)**

Linda has been running her Boot Camps and Fitness Classes in Laurimar for over 3 years, come and experience the buzz.

Linda Mancino is a qualified Gym Instructor and Personal Trainer. Linda represented Australia at State, National and International levels for Springboard Diving, State level for Swimming and has always been involved in numerous sporting activities such as Netball, Basketball and Badminton.

